

GACDC Weekly Menu

JULY 22, 2024

Monday

Breakfast: Whole Grain Life Cereal, Apple Slices & Milk

Lunch: Sloppy Joe & Cheese Sandwich w/ Whole Wheat Bun, Corn, Mixed Fruit & Milk

Tuesday

Breakfast: Whole Grain Fruit Bar, Orange Slices & Milk

Lunch: Whole Wheat Cheese Pizza, Tossed Salad, Cucumbers & Tomatoes, Mixed Fruit & Milk

Wednesday

Breakfast: Whole Grain Oatmeal, Peaches & Milk

Lunch: Creamy Mushroom Chicken, Whole Grain Brown Rice, Mixed Vegetables, Mixed Fruit & Milk

Thursday

Breakfast: Whole Wheat Waffles, Oranges Slices & Milk

Lunch: Baked Spaghetti w/Whole Wheat Noodles, Sweet Peas & Carrots, Mixed Fruit & Milk

Friday

Breakfast: Whole Grain Life Cereal, Bananas & Milk

Lunch: Chicken Salad w/Whole Wheat Bread, Tossed Salad, Cucumbers & Tomatoes, Mixed Fruit & Milk

Daily menus are subject to change. Special dietary notes on nutritional values:

- All juices are 100% fruit juices.
- Unflavored 1% or unflavored skim milk is served to students two years of age and above.
- Unflavored whole milk is served to students one year of age.

